

Ash u3a

Outdoor Activity Risk Assessment

Name of person completing risk assessment checklist:	Date:
Activity:	

Where you identify a particular risk you should note the actions you will take to reduce it. It's important to carry out a risk assessment before the activity takes place, and you can always add to this during the activity.

Have you researched the route you will be taking to identify any hazards and/or obstacles?		
Yes	No	NA
Mitigation if No:		

Have you given members an overview of the walk and the identified hazards/obstacles e.g. the number of stiles, likely boggy areas etc?		
Yes	No	NA
Mitigation if No:		

Do members know the length and difficulty of the walk?		
Yes	No	NA
Mitigation if No:		

Have you checked for likelihood of ticks or bites/stings?		
Yes	No	NA
Mitigation if No:		

Do you have the correct equipment needed for the walk (e.g., map, compass, whistle)?		
Yes	No	NA
Mitigation if No:		

Has an emergency contact number been published?

Yes

No

NA

Mitigation if No:

Do you have emergency contacts for all walkers?

Yes

No

NA

Mitigation if No:

Does someone know when you are expected back?

Yes

No

NA

Mitigation if No:

Have walkers been briefed on appropriate clothing and footwear?

Yes

No

NA

Mitigation if No:

Do you have a back marker to stay in sight and communication with group?

Yes

No

NA

Mitigation if No:

Have members attendees brought refreshments (such as water) for the walk?

Yes

No

NA

Mitigation if No:

Have you checked the weather forecast for the day of the walk in advance?

Yes

No

NA

Mitigation if No:

Is there any danger of extreme temperatures, heavy rainfall, high wind or otherwise severe weather?

Yes

No

NA

Mitigation if No: